

# **EDUCATIONAL VISITS POLICY**

**EBN ACADEMY**

**Reviewed Bi-Annually**

# EDUCATIONAL VISITS POLICY

## CONTENTS

### **SECTION 1 Statement**

### **SECTION 2 Arrangements**

- 2.1 Aims and purposes of Educational Visits
- 2.2 Role of Educational Visits Co-ordinator
- 2.3 Approval Procedure and Consent
- 2.4 Parent or Carer Consent
- 2.5 Approval of Staff to Lead an Adventurous Activity
- 2.6 Using an External Provider
- 2.7 The expectations of Students and Parents

### **SECTION 3 Management of Educational Trips**

- 3.1 Guidance for Group Leaders
- 3.2 Accompanying Staff and Volunteers
- 3.3 Competence of Group Leaders
- 3.4 Planning
- 3.5 Safety during the Visit
- 3.6 Staffing/Supervision
- 3.7 Risk Assessment
- 3.8 Transport
- 3.8a Minibus Transport
- 3.9 First Aid and Medical Needs
- 3.10 Water Margin Activities
- 3.11 Overseas Visits
- 3.12 Weather Clothing & Survival
- 3.13 Swimming

### **SECTION 4 Emergency Procedures**

- 4.1 Introduction
- 4.2 Procedures
- 4.3 Details of Incident
- 4.4 Serious Incidents

### **SECTION 5 Adventurous Activities**

- 5.1 Definition of 'Adventurous Activities'
- 5.2 Safety during Adventurous Activities
- 5.3 Water Based Activities
- 5.4 Open Country Activities
- 5.5 Snowsports

## **APPENDICIES**

APPENDIX A PROVIDER FORM

AP1 Single Parental consent

AP2 Overseas Parent consent and information form

AP3 Emergency Plan

## SECTION 1

### STATEMENT OF POLICY

The Headteacher, senior leadership team and governors of the Academy are committed to ensuring students will experience a wide range of activities. Off-site visits and related activities are a valuable part of their education and so the Academy fully supports and encourages those that are well planned and managed.

To follow best practice, the Academy adopts the Outdoor Education Advisers' Panel 'National Guidance': [www.oeapng.info](http://www.oeapng.info)

A common sense approach will be used in assessing and managing the risks of any activity. We consider that it is important for children to learn to understand and manage the risks that are a normal part of life. Health and safety measures must always be proportionate to the risks of an activity.

Staff will be given the training they need so they can keep themselves and children safe and manage risks effectively.

The Headteacher, senior leadership team and governors are committed to the following:

- Risk assessment will focus attention on real risks, not risks that are trivial and fanciful;
- Proportionate systems and procedures are in place and followed to ensure that trips presenting lower-risk activities are quick and easy to organise, and higher-risk activities (such as those involving climbing, caving or water-based activities) are properly planned and assessed;
- Those planning the trips are properly supported to ensure that teachers can readily check if they have taken sufficient precautions or whether they should do more.

Teachers should read the following statements, which are fully supported by the Academy and reflected in this policy:

*"HSE fully supports Academy arranging a wide range of out-of-Academy activities, which can include visits to museums, trips to the countryside or taking part in challenging and adventurous activities. HSE wants to make sure that mistaken and unfounded health and safety concerns do not create obstacles that prevent these from happening.*

*"HSE fully recognises that learning outside the classroom helps to bring the curriculum to life – it provides deeper subject learning and increases self-confidence. It also helps pupils develop their risk awareness and prepares them for their future working lives. Striking the right balance between protecting pupils from risk and allowing them to learn from Academy trips has been a challenge for many Academies but getting this balance right is essential for realising all these benefits in practice".*

*Statement from HSE "Academy Trips & Outdoor Learning Activities" June 2011.*

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Chair, Governing Body

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Headteacher

## **SECTION 2**

### **ARRANGEMENTS**

## **2.1 Aims and purposes of Educational Visits**

Each year the Academy will arrange a number of activities that take place off the site and/or out of normal hours, which support the learning and achievement aims of the Academy.

Within each curricular programme of work the teachers plan educational visits and activities that support the students' learning. We plan activities in advance and inform parents of these in due course.

## **2.2 Role of the Educational Visits Coordinator**

To ensure that the planning and approval of offsite visits is structured, and to help fulfil its health and safety obligations for visits, the Academy will appoint an Educational Visits Coordinator (EVC) who will support the Head.

The EVC should be specifically competent, ideally with practical experience in leading and managing a range of visits similar to those typically run by the Academy. The EVC will be trained as necessary.

The EVC will support the Headteacher in ensuring that competent staff are assigned to lead and accompany visits, and with approval and other decisions.

The EVC should ensure that a policy is in place for educational and off-site visits, and that this is updated as necessary. This should be readily available to staff.

## **2.3 Approval Procedure and Consent**

The Head teacher has nominated Steve Christie as the Educational Visits Co-ordinator (EVC) and the Governing Body has approved this appointment.

The Governing Body has delegated the consideration and approval of educational visits and other offsite activities to the Headteacher and has nominated the Chair of the Governing Body as signatory to this Policy on behalf of the governing body.

Before a visit is advertised to parents the Headteacher must approve the initial plan. The Educational Visits Co-ordinator ensures the visit document pack is complete. In approving visits the Headteacher and EVC will ensure that the visit leader has been appropriately inducted, and is competent to lead the visit.

Responsibility for sign-off of the completed plan and risk assessments (where applicable) will depend on the type of visit as follows:

Visit Type	Approval Required By
'Ad hoc' Activities <sup>1</sup>	<b>EVC</b>
Activities involving Travel in UK	<b>EVC</b>
Overseas Visit	<b>EVC</b>
Residential Visits	<b>EVC</b>
Visits which include Adventurous Activities led by an External Provider	<b>EVC</b>
Visits which include Adventurous Activities led by a Member of Staff	<b>EVC</b>

See Section 5 for the definition of an Adventurous Activity.

If possible an exploratory visit should be made to the planned venue. If this is not practicable alternative arrangements will be made to gain as much knowledge of the site as possible by liaising with officials at the site or seeking advice from colleagues who have made previous visits. Site officials will be asked for copies of specific site risk assessments and emergency arrangements.

Where external providers are involved in organising all or part of the visit the contract will be made with the Academy on behalf of the students.

## 2.4 Parent or Carer Consent

Written consent from parents is not required for pupils to take part in the majority of off-site activities organised by the Academy as most of these activities take place during Academy hours and are a normal part of a child's education at Academy/Academy. However, parents will be told where their child will be at all times and of any extra safety measures required.

Written consent is only required for activities that need a higher level of risk management or those that take place outside Academy hours.

Parents will be asked to sign a general consent form when their child enters the Academy. (The Academy has adopted the *Department for Education's* "one-off" consent form sign when a child enrolls at the Academy/Academy.) This covers participation in adventure activities, off-site sporting fixtures outside the Academy day, residential visits which take place at any time (including during Academy holidays or at the weekend).

Parents will be told in advance of each activity and given the opportunity to withdraw their child from a particular activity or trip. They will also be given the timetable for the activities that pupils are involved in and will be informed (by letter/phone call/through their son/daughter) if an activity has to be cancelled. For all residential visits, parents will

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<sup>1</sup> Local visits which are a planned part of the curriculum

be invited to a briefing meeting where they can ask for clarification of any aspect of the itinerary and organisation of the visit.

## **2.5 Approval of Staff to Lead an Adventurous Activity**

What is and what is not an 'Adventurous Activity' is set out in Section 5 below.

Approval will normally be given where the leader of the activity has recent relevant experience, and:

- is appropriately qualified through the relevant National Governing Body, **or**
- has a 'Statement of Competence' from an appropriate 'technical adviser'

For most activities the competence required of a 'technical adviser' is stipulated by the activity's National Governing Body.

In some cases approval may be granted where no qualification is held, but the person concerned is deemed by the Academy to have a sufficient level of competence in addition to recent relevant experience.

In cases where no National Governing Body exists, the Academy will make a decision based on factors which may include: technical advice, the leader's stated competence, observed competence, past experience, and attendance at training courses.

Approval will always be subject to a requirement that the leader must act at all times within the remit of his/her qualifications, and in accordance with National Governing Body Guidelines where these exist.

Approval to lead an adventurous activity is specific to the technical aspects of the adventurous activity detailed. It is not an indication in respect of other aspects of the visit such as general management and supervision skills, the assessment of which will be the responsibility of the Headteacher and/or EVC.

## **2.6 Using an External Provider**

An 'External Provider' is one that provides an element of instruction, staffing, or guiding, for example:

- Activity Centre;
- Ski Company;
- Educational Tour Operator;
- Overseas Expedition Provider;
- Climbing Wall where instruction is provided by climbing wall staff;
- Freelance instructor of adventurous activities;
- Youth Hostel (where instruction is provided);
- Voluntary organisation (e.g. Scout Association), where instruction is provided.

The decision about the use of an external provider is the responsibility of the visit leader, EVC, and Head/Principal.



To confirm that all aspects of the operation of the provider are satisfactory, the Academy will ensure that either:

- a.) The Provider holds an LOtC Quality Badge, or
- b.) A 'Provider Form' (see Appendix A) has been satisfactorily completed by the provider

(If a Provider holds an AALA license\_(or any other accreditation) but not a LOtC Quality Badge, then a Provider Form is still required.)

For Providers that hold a LotC Quality Badge no further action is necessary, other than to check the suitability of the provider/venue in relation to the intended aims or learning outcomes for the particular group.

## **2.7 The expectations of Students and Parents**

The Academy has a clear code of conduct for educational visits based on the Academies 'Behaviour Policy'. This code of conduct will be part of the condition of booking by the parents, and include the potential of withdrawal of a student prior to or during the visit if such conduct places a child or children at risk and would have led to a temporary exclusion from Academy.

## **SECTION 3**

### **MANAGEMENT OF EDUCATIONAL VISITS**

#### **3.1 Guidance for Group Leaders**

The employer (academy trust) is responsible for health and safety, though tasks may be delegated to staff. Employees also have a duty to look after their own and others' health and safety.

Employers, Academy staff and others also have a duty under the common law to take care of pupils in the same way that a prudent parent would do so.

Group leaders will be selected by the Headteacher in conjunction with the Educational Visits Co-ordinator and be given overall responsibility for the preparation, supervision and conduct of the visit. They should be of sufficient seniority to direct other accompanying staff.

The Group Leader must ensure that they have followed Academy procedures, suitably manage the visit and provide all information required for the specific activity.

The information required will vary dependant on the trip. This will include the following for low risk educational visits:

- Providing venue details or and being familiar with the visit location and centre;
- Ensuring that all those accompanying the trip understand child protection issues (may include parent helper);
- General details of the activity for parents and students (a letter to parents);
- Assess the students on the trip to ensure all specific medical needs are considered;
- Liaising with the location/centre to inform them that a visit is planned for a specific date;
- Ensuring that the Educational Visits Coordinator is suitably notified in order that transport can be organised (if required).

Additional information and procedures is required for higher risk, out of hour's visits and residential trips. This may include the following:

- Parental consent forms;
- Specific risk assessments of the activity/trip;
- A completed Provider Form (Appendix A) if the external provider is not in possession of a LoTC Quality Badge.
- Risk assessments from the centre or activity provider;
- Emergency contact details for students;
- A suitability assessment of those students potentially completing visit (consideration for those with special educational needs).

#### **3.2 Accompanying Staff and Volunteers must:**

- Follow the instructions of the group leader;
- Help to maintain control and discipline;
- Be prepared to stop any activity if they feel the risk to health and safety is unacceptable;
- Not be left in sole charge of students except where it has been previously agreed as part of the risk assessment;
- Inform the group leader if concerned about the health and safety of students during the visit.

### 3.3 Competence of Group Leaders

The competence of the visit leader is the single most important contributory factor in the safety of participants. The EVC and Head teacher will consider the following when assessing the competence of a member of staff to lead a visit:

- What experience has the leader in leading or accompanying similar or other visits?
- Is the leader competent in planning and managing visits?
- What are the leader's reasons for undertaking the visit?
- Does the leader have the ability to manage the pastoral welfare of participants?
- Does the leader exhibit sound decision making abilities?
- What experience has the leader of the participants he/she intends to supervise?
- What experience has the leader of the environment and geographical area chosen?
- Does the leader possess appropriate qualifications?
- If appropriate, what is the leader's personal level of skill in the activity, and fitness level?
- Is the leader aware of all relevant guidelines and able to act on these?

### 3.4 Planning

Risks are expected to be reduced to an *acceptable* or *tolerable* level, and not necessarily eliminated. Planning should achieve a rational balance between potential adverse risks and the intended benefits and outcomes of the activity.

Visit planning should focus on those issues that are individual to the specific event, taking into account the needs of the group (including special and medical needs), the experience and competency of the staff team, and the leader in the context of the event.

Planning that includes adventurous activity commonly involves delivery by an external provider and the provider will have responsibility for managing the activity. As such, the provider's risk assessment is not the concern of the group leader and does not need to be requested from the provider.

Alternative arrangements should be included within the planning process where appropriate, for example, where weather conditions or water levels might be critical, or where an overcrowded venue might necessitate an alternative option.

It is good practice to involve participants in the planning and organisation of visits, as in doing so they will make more informed decisions, and will become more 'risk aware' and hence at less risk. They will also have greater ownership of the event<sup>2</sup>.

### **3.5 Safety During the Visit**

Prior to the visit, staff must ensure that all participants understand what is expected of them. This includes any 'rules' that will be in place. These should be re-emphasised as appropriate during the visit.

Monitoring of the visit must be ongoing, and this contributes towards both enjoyment and safety.

It is primarily the responsibility of the visit leader, in consultation with other staff where appropriate, to modify or curtail the visit or activity to suit changed or changing circumstances.

Following the visit, the visit leader should record any significant issues as a note on for both reference and to inform future visits.

### **3.6 Staffing/Supervision**

The Academy recognises the key role of accompanying staff in ensuring the highest standards of learning, challenge and safety on a visit. The selection of staff for educational visits will be a key priority in the initial approval of any proposed visit.

On all visits there must be an 'effective level of supervision' that has been approved by the EVC and Headteacher, and where applicable is in accordance with Governing Body policy.

Staffing ratios will vary according to the activity, age, group, location and resources. Ratios should not be finalised until the general assessment of the activity is complete. Lower risk activities may require lower staff to student ratios.

Residential visits and adventure activities will require higher levels of supervision and all accompanying staff and volunteers must be DBS (formally CRB) checked.

For all other visits, the visit leader, EVC and Headteacher must make a professional judgement regarding the number and suitability of staffing on an individual visit basis, after consideration of the following factors:

- the type, level, and duration of activity;
- the nature and requirements of individuals within the group, including those with additional needs;
- the experience and competence of staff and other adults;
- the venue, time of year and prevailing/predicted conditions;
- the contingency options.

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<sup>2</sup> This is endorsed by HSE in *Principles of Sensible Risk Management*

A visit must not go ahead where either the visit leader, EVC, or Headteacher is not satisfied that an appropriate level of supervision exists.

Staff who are assigned to support the special needs of an individual cannot be included in the overall staffing ratio. Their responsibility should not include the wider group.

Group leaders will also need to consider the needs of students with SEN and/or physical disabilities. Known behaviours, learning and physical needs should also be taken into account.

The group leader should discuss this with the Educational Visits Coordinator to ensure any judgement is proportionate and not prohibitive.

The DCSF and Ofsted make the following recommendations:

Secondary:

*UK: One adult per 10 students, with a minimum of two adults. The group leader must be a qualified teacher or other approved person employed by the Academy. In mixed parties, one male and one female adult. This applies up to and including Year 11 students.*

Abroad: The Academy Policy is that visits abroad should be accompanied by a minimum of one adult to 5 students. Foreign Language Assistants may accompany trips, but do not count as adults in this calculation.

Volunteer Adults: At least half of the adults accompanying an educational visit should be staff based at the Academy (teachers or other members of staff). Organisers are encouraged to use other adults to meet (or exceed) the minimum staffing requirements. Sixth Formers (over 18) may also be used sparingly. Any volunteer helpers should be properly briefed on their responsibilities and especially on safety procedures and must be CRB checked if volunteering regularly or on a residential visit.

Exchange Parties: Staff organising exchanges should send a list of host families to the Child Protection Co-ordinator for his/her information. This is to ensure that we do not place a visiting youngster in a home which is potentially unsuitable.

### **All groups must be led by a teacher.**

Particular consideration should be given to the additional implications that may arise if staff are to be accompanied by family members (or partners) on visits.

Remote Supervision: Young people must be supervised throughout all visits. Where they are unaccompanied by a member of staff or other responsible adult, e.g. D of E expeditions, 'down time' in a shopping mall, etc., this is known as 'remote' supervision.

'Remotely supervised' activities can bring purposeful educational benefits, and the progression from dependence to independence is to be encouraged. Such activities develop essential lifelong skills, including managing risk, self-sufficiency, interaction with the public and social skills, decision making, etc.

In addition to considering the benefits of the activity, staff should also ensure that reasonably practicable safety precautions are taken.

The decision to allow remote supervision should be based on professional judgement taking into account such factors as:

- prior knowledge of the individuals (including their maturity and levels of responsibility);
- venue and conditions;
- the activity taking place;
- preparatory training;
- the competence of the supervising staff;
- the emergency systems in place.

The EVC and group leaders must familiarise themselves with this policy.

Teachers and other staff are encouraged and supported to develop their abilities in organising and managing students' learning in a variety of environments through induction and training.

Where it is appropriate the Academy will ensure that DBS (formally CRB) screening is available for volunteer adults assisting with educational activities and visits.

The appointed Group Leader will be fully supported in the tasks required to arrange the visit. This will include, as necessary, making time or finances available to conduct an exploratory visit (if practical and necessary), briefing teachers and other staff, accessing training courses, reviewing and evaluating the visit or identifying time when the leader and EVC might work in partnership to undertake planning and risk assessments (if applicable).

### **3.7 Risk Assessment**

Health and safety law requires the employer to assess the risks to the health and safety of staff and others affected by their activities. The terms risk assessment and risk management are used to describe the process of thinking about the risks of any activity and the steps taken to counter them. Sensible management of risk does not mean that a separate written risk assessment is required for every activity.

The Academy will take a common sense and proportionate approach, remembering that risk assessment and risk management are tools to enable children to undertake activities safely, and not prevent activities from taking place. Sensible risk management cannot remove risk altogether but it should avoid needless or unhelpful paperwork.

Some activities, especially those happening away from the Academy, can involve higher levels of risk. If these are annual or infrequent activities, a review of an existing assessment may be all that is needed. If it is a new activity, a specific assessment of significant risks must be carried out.

The Headteacher in conjunction with the Educational Visits Coordinator will ensure that the person assigned with the assessment task understands the risks and is familiar with the activity that is planned. Where a risk assessment is carried out the group leader must record the significant findings of the assessment.

A risk assessment is not required every time an activity is undertaken that usually forms part of the Academy day, for example, taking pupils to a local venue which is frequently visited, such as a swimming pool, park, or place of worship. Any risks of these routine activities will have been considered when agreeing the Academy/Academy's general health and safety policies and procedures. A regular check with the educational visit coordinator to make sure the precautions remain suitable is all that is required.

**The Academy requires group leaders in conjunction with the educational visits coordinator to:**

- Follow a common sense and proportionate approach to risk assessment with the focus being on significant risks;
- For higher risk activities a full risk assessment must be undertaken before the visit;
- Complete the Academies educational visits risk assessment (where applicable);
- Consider that risk assessment is not a one off exercise. It is a dynamic process, the group leader and other supervisors should monitor the risks throughout the visit and take appropriate action as necessary.

Group Leaders and the Educational visits Coordinator should note that for providers that hold a LotC Quality Badge, activity risk assessments do not need to be completed by the Academy. The risk assessments pertaining to the activities organised and led by the provider have been externally assessed and they have been awarded the LotC Quality Badge.

When planning an activity that will involve adventure activities such as: caving, climbing, trekking, skiing or water sports, the educational visits coordinator must check that the provider holds a licence as required by the Adventure Activities Licensing Regulations 2004. These regulations apply to adventure activities that take place in England, Scotland and Wales but these arrangements may be subject to change in the future.

### **3.8 Transport**

When hiring buses and coaches it is essential that the company is reputable. Local Authorities can provide an up to date 'Approved Bus and Coach Operators List' to enable Academy to identify those operators who are able to provide vehicles and drivers to a minimum standard at all times.

The vehicle should be provided with seatbelts on all seats – with all seats forward facing, as the law requires for Academy trips.

If parents' or teachers' private vehicles are used the vehicles must be roadworthy and adequately insured. Documentation must be checked by the Group Leader. All cars must be fitted with suitable child restraints. Parents must provide specific permission for their child to be transported in a private vehicle.

If public transport is used it is advisable to make party bookings in advance and ensure that the risk assessment adequately covers all potential hazards.

### 3.8a Minibus Transport

The Academy policy is that all Drivers of academy minibuses above the specified weight limit must hold a D1 License (those who obtained a license before January 1997 will have one). All those who do not have a D1 license will be required to complete a D1 license test before being permitted to drive.

Drivers will only be permitted to drive a minibus without a D1 license if the following conditions are met:

- The minibus weighs no more than 3.5 tonnes
- The minibus has no more than 16 seats
- The driver is over 21 years of age
- The driver has been driving on a full license for more than 2 years
- The driver is not specifically remunerated for driving through their contract of employment.

All drivers are required to complete a MIDAS or equivalent minibus driving training course (usually one day) before being permitted to drive.

Driver fatigue or distraction has been highlighted as a factor in recent minibus incidents nationally.

For journeys not exceeding 1 hour, a single teacher/driver **may** be considered adequate, subject to the nature of the group and the driver's ability and confidence to manage that group. For journeys involving between 1 hour and 4 hours driving, a second responsible adult should be present to supervise the group.

For journeys involving over 4 hours of driving, the second adult should be a suitably qualified minibus driver. For journeys involving over 4 hours, at least one of the drivers should have had a rest period of at least one hour prior to the start of the journey. Further regular rest periods must be taken – a 15 minute break every 2 hours is recommended.

Drivers must not drive if unwell or if on medication or receiving medical treatment which advise against driving.

Seat Belts: Students and staff travelling in minibuses must wear seat belts by law.

Overloading: The minibus is overloaded if the total weight (bus + fuel + passengers + luggage) exceeds the **maximum laden weight** for the vehicle. This weight is printed on the vehicle and in the handbook. For guidance, the vehicle should only carry passengers, driver and hand luggage.

The use of a trailer greatly increases the maximum laden weight and is **essential** when transporting a full load of older students plus luggage.

**LIABILITY FOR DRIVING AN OVERLADEN VEHICLE RESTS WITH THE DRIVER**



### 3.9 First Aid and Medical Needs

It is advisable that one member of the accompanying staff is first aid trained and is also able to provide any necessary support for students with medical needs e.g. use of epipen. The educational visits coordinator will work with the group leader to ensure suitable medical / first aid cover has been provided. This will be assessed considering the activity and students participating.

'Emergency First Aid' e.g. a 3 hour non-assessed course, is generally suitable for routine urban visits, however the nature of the visit may indicate that a higher level qualification is appropriate, especially in circumstances where it is likely that access by the emergency services may be delayed.

A travel first aid kit should be carried and also details of any students with medical needs.

### 3.10 Water-Margin Activities

This section applies to activities that take place near or in water – such as a walk along a riverbank or seashore, collecting samples from ponds and streams, or paddling or walking in gentle, shallow water<sup>3</sup>. It does not apply to swimming and other activities that require water safety or rescue qualifications and equipment, or water-going craft.

At the outset the leader must decide whether the activity falls within the definition above – if not, guidance on 'adventurous activities' should be referred to, see Section 5 below.

All staff involved in water-margin activities should be conversant with the guidance contained within *Group Safety at Water Margins*. This document must be made available to all supervising adults in advance of the visit.

### 3.11 Overseas Visits

For all visits it is essential that consideration is given to the following:

- Culture: food and drink, local customs, religion, expected behaviour/dress, gender issues, sanitary arrangements, corruption, political stability, local financial information, alcohol & drugs.
- Accommodation: checked for suitability, security, safety precautions and emergency evacuation.
- Transport systems have been assessed as safe for use.

The visit leader should consider the relevant country information from the Foreign and Commonwealth Office website. All relevant FCO information should be circulated amongst the staff team.

For travel within the European Union (plus Iceland, Liechtenstein, Norway, and Switzerland), all participants must hold a valid EHIC (European Health Insurance Card).

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<sup>3</sup> 'Gentle, shallow water' is slow moving and not above the knees of the participants

For exchange visits, the Academy has adopted the Outdoor Education Advisers' Panel guidance document: *Young People's Exchange Visits*

### **3.12 Weather, Clothing & Survival**

Where appropriate, the leader must obtain and act upon recent weather forecasts and local advice.

Participants should be adequately clothed appropriate to the nature of the visit and the environment, the experience and strength of participants, the time of year and expected weather conditions, altitude and exposure to elements.

When venturing away from immediate help, leaders should consider the need for comfort, insulation and shelter for a casualty, or for the whole group, and provision of emergency food and drink etc. The need for signalling equipment and/or mobile phones and torches should also be considered.

It is primarily the responsibility of the visit leader, in consultation with other staff where appropriate, to modify or curtail the visit or activity to suit changed or changing circumstances, for example, over-busy lunch area, rain, rising water levels, etc.

### **3.13 Swimming**

All swimming activities and venues must be included within the visit plan, and lifeguarding arrangements checked in advance. This is particularly important in respect of visits abroad, where for example, a hotel pool may be available.

**Young people must be supervised by a competent adult at all times whilst undertaking swimming activities. The following criteria apply:**

#### **Swimming pools (lifeguarded)**

UK Swimming Pool safety: Pool operators have a duty to take all reasonable and practicable measures to ensure that teaching and coaching activities are conducted safely.

For publicly lifeguarded pools abroad, the assurances must be sought that appropriate lifeguard cover is in place prior to participants entering the water.

Unless suitably qualified, the Academy staff should not have responsibility for lifeguarding. However, they do retain a pastoral role for participants at all times either through direct or 'remote' supervision.

For swimming lessons, the Academy should ensure the swimming teacher in charge or other pool employees/responsible adults supervising the participants are qualified according to current guidelines.

#### **Hotel (and other) swimming pools**

Lifeguarding<sup>4</sup> arrangements will be checked in advance of any visit.

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<sup>4</sup> A valid RLSS UK National Pool Lifeguard Qualification (NPLQ), or equivalent in the country visited is appropriate accreditation

If lifeguarding arrangements are not provided at the pool then the visit leader will bear the full responsibility for ensuring swimming safety, and specific approval to lead the activity will be required.

The role of the lifeguard is:

- To directly supervise the pool and the pool users, exercising appropriate levels of control. (Note: the lifeguard should remain on the poolside at all times except in the case of an emergency)
- If necessary, brief pool users in advance regarding rules (e.g. no diving, running, etc.).
- To communicate effectively with pool users.
- To anticipate problems and prevent accidents.
- To intervene to prevent behaviour which is unsafe?
- To carry out a rescue from the water.
- To give immediate first aid to any casualty.

The above must be accomplished in the context of the normal operating procedures and the emergency plan for the pool, which should be considered before swimming takes place. Full familiarisation of the systems described should be walked through at the pool.

Staff must be aware of the procedures in the event of an emergency, and who at the venue will provide back up. Staff should also know if they have exclusive use of the pool, as other pool users may increase the supervision role of your lifeguard.

If a young person holds an appropriate qualification then their role should be emergency lifeguard action, and supervision should remain the responsibility of the Academy staff

**Open water swimming** (i.e. not in a swimming pool and not a 'water-margin' activity)

Particular consideration should be given to the following factors:

- Unknown locations and hazards, especially overseas.
- Changing environmental conditions.
- Supervisor complacency.
- Adherence to local advice.
- Preparation and knowledge of young people, i.e. is it a planned activity?
- The designated lifeguard<sup>5</sup> must be dedicated exclusively to the group, and the location used must fall within the RNLI/RLSS definition of a 'safer bathing area'.

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<sup>5</sup> For free swimming activity: A valid National Beach Lifeguard Qualification (NBLQ) or equivalent in the country visited, see [www.lifesavers.org.uk](http://www.lifesavers.org.uk) Note: this is for beach/sea only, not inland water. **Or**

For structured or programmed activity: A valid RLSS UK National Rescue Award for Swimming Teachers and Coaches (NRASTAC) or equivalent - see [www.lifesavers.org.uk](http://www.lifesavers.org.uk) or a valid RLSS UK Water Safety Management Award (WSMA), with appropriate endorsement.

- Local advice must always be sought.

## SECTION 4

### EMERGENCY PROCEDURES

#### 4.1 Introduction

Despite good planning and organisation there may be accidents and emergencies which will require on the spot response by the group leaders. Adequate provision for minor first aid must be available when the party is 'in the field' and the leader should ensure that the levels of supervision are sufficient to allow the group to be split where necessary. A mobile phone is a useful aid.

Activity centres should have their own emergency procedures. Details of these must be obtained in advance of the visit and compared with the recommended framework below. If there is any doubt about the safety of the arrangements the trip should not take place.

#### 4.2 Procedures:

The Academy will appoint a member of the SLT as the emergency contact for each visit (Usually the EVC). All major incidents should immediately be relayed to the Academy office, the office will relay the problem to the SLT, and especially those involving injury or that might attract media attention.

The Group Leader will leave full details of all students and accompanying adults on the visit with the emergency contact, including the home contact details of parents/guardians and next-of-kin. The Group Leader will keep this list with them at all times during the trip.

The Group Leader will also take with them a copy of the Academy Critical Incidents Policy.

All incidents and accidents occurring on a visit will be reported back through the Academy reporting systems.

The Group Leader will complete the following:

- Establish the nature and extent of the emergency;
- Make sure all other members of the party are accounted for and safe;
- If there are injuries immediately establish their extent, so far as possible, and administer appropriate first aid;
- Establish the names of the injured and call whichever emergency services are required;

- Advise other party staff of the incident and that the emergency procedures are in operation;
- Ensure that an adult from the party accompanies the injured child/children to hospital;
- Ensure that the remainder of the party are adequately supervised throughout and arrange for their early return to Academy;
- Arrange for one adult to remain at the incident site to liaise with emergency services until the incident is over and all students and staff are accounted for;
- Control access to phones until contact is made with the headteacher emergency contact point or designated senior member of staff and he or she has had time to contact those directly involved.

#### **4.3 Give full details of the incident to the headteacher or designated contact:**

- Name;
- Nature, date and time of incident;
- Location of incident;
- Details of injuries;
- Names and telephone numbers of those involved;
- Action taken so far;
- Telephone number for further contact.

#### **4.4 Serious Incidents**

For serious incidents where the media may be involved, the group leader or other party members must not discuss matters with the media. Under no circumstances should the name of any casualty be divulged to the media.

The Headteacher or designated senior staff member should arrange to contact parents/carers of those involved. For a serious incident the Headteacher or designated senior staff member should contact parents of all party members.

The group leader should write down, as soon as practicable, all relevant details while they are still fresh in the memory. Other staff members might also be asked to do so. A record should be kept of the names and addresses of any witnesses. Any associated equipment should be kept in its original condition.

Legal liability should not be discussed or admitted.

All accident forms should be completed as soon as possible and Insurers, the Health and Safety Executive should be informed as appropriate.

## SECTION 5

### ADVENTUROUS ACTIVITIES

#### 5.1 Definition of an 'adventurous activity'

The following activities are regarded as 'adventurous':

- All activities in 'open country' ( normally defined as land above 300m, or more than 1km from vehicular access)
- Swimming (all forms, excluding publicly lifeguarded pools)
- Camping
- Canoeing / kayaking
- Sailing / windsurfing / kite surfing
- Rafting or improvised rafting
- Use of powered safety/rescue craft
- All other forms of boating (excluding commercial transport)
- Water skiing
- Snorkel and aqualung activities
- Hill walking and Mountaineering
- Rock climbing (including indoor climbing walls)
- Abseiling
- River/gorge walking or scrambling
- Coasteering/coastal scrambling/sea level traversing
- Underground exploration
- Shooting / archery / paintballing
- Snowsports (skiing, snowboarding, and related activities), including dry slope
- Air activities (excluding commercial flights)
- Horse riding
- Motor sport – all forms
- High level ropes courses
- Off road cycling
- 'Extreme' sports
- Other activities (e.g. initiative exercises) involving skills inherent in any of the above

The following activities are **NOT** regarded as adventurous but must be supervised by a member of staff who has previous relevant experience and who in the opinion of the EVC and Head is competent to supervise the activity:

- Walking in parks or on non-remote country paths
- Field studies - unless in the environments stated in 'open country'
- Swimming in publicly lifeguarded pools
- Theme parks
- Tourist attractions
- Pedal go-karts
- Ice skating (rink)
- Farm visits
- Local traffic survey

- Museum, library, etc.
- Physical Education and sports fixtures (other than the above)
- Water-margin activities i.e. activities that take place near or in water – such as a walk along a riverbank or seashore, collecting samples from ponds and streams, or paddling or walking in slow-moving, shallow (typically up to the knees of the participants) water. It does not apply to swimming and other activities that require water safety or rescue qualifications and equipment, or water-going craft.

## **5.2 Safety during Adventurous activities**

The responsibility for the safety of participants in an adventurous activity will rest with either:

### **a) An external provider**

Any external provider must hold a LotC Quality Badge or complete a Provider Form (Appendix A). (If a Provider holds an AALA license\_(and/or any other accreditation) but not a LotC Quality Badge, then a Provider Form is still required.)

Whilst the responsibility for the safety of participants rests with the Provider, the accompanying staff continue to retain a 'pastoral' duty of care.

**or**

### **b) A member of the academy's staff**

## **5.3 Water-Based Activities**

In order to participate in water-based activities, participants should normally be water confident. Participants who lack water confidence may still be able to take part subject to consideration of all factors, including the activity itself, and supervision arrangements. The level of water confidence of all participants must be known by the activity leader prior to the commencement of water-based activities.

Leaders should have knowledge of the water conditions/hazards (and potential changes) that might be encountered, and prepare accordingly. Local advice must be sought where appropriate, e.g. coastguard, harbour master, other site users, etc.

Personal buoyancy conforming to the appropriate National Governing Body guidance must be worn at all times by all participants in water based activities, except, at the discretion of the activity leader, where the activity:

- takes place in a swimming pool, or
- is 'swimming', or
- is an activity for which personal buoyancy would not normally be worn by young people?

## **5.4 Open-country activities**

The following minimum levels of technical competence apply where a member of the establishment's own staff intends to lead an open-country activity:

- For leaders of walking groups in mountainous terrain within the UK and Ireland:
  - Mountain Leader Award (Summer or Winter as appropriate) [www.mltuk.org](http://www.mltuk.org), or
  - A written statement of competence by an appropriate technical adviser



b) For leaders of walking groups in summer conditions in non-mountainous hilly terrain (known variously as upland, moor, bog, hill, fell or down), with well defined obvious boundaries, such as roads and coastlines, and where any hazards within it are identifiable and avoidable, and where wild camping or movement on steep ground is not involved:

- Walking Group Leader Award [www.mltuk.org](http://www.mltuk.org) or
- A written statement of competence by an appropriate technical adviser

c) For leaders of walking groups in terrain 'easier' than that defined in b):

The leader must demonstrate an appropriate level of competence. This may include one or more of the following:

- Countryside Leader Award. See [www.countrysideleaderaward.org](http://www.countrysideleaderaward.org);
- Sports Leaders UK Level 2 Award in Basic Expedition Leadership (BEL);
- Completion of a suitable 'Leader Training' Course;
- A written statement of competence by an appropriate technical adviser;
- Evidence of recent, relevant experience, appropriately corroborated;
- An assessment of competence (written or implied) by the Headteacher.

## 5.5 Snowsports

A member of staff intending to organise a snowsport visit (but not instruct, lead or supervise on snow) must hold the Snowsport Course Organiser Award (SCO), administered by Snowsport England -[www.snowsportengland.org.uk](http://www.snowsportengland.org.uk) -and must have previously accompanied at least one educational snowsports visit.

Young people may only participate in snowsports when under the direction of an appropriately qualified and competent person. This would normally be an instructor employed by the local snowsports Academy. Leaders should therefore consider the merits of fully instructed lessons of 4/5 hours duration per day.

A member of staff intending to lead skiing or snowboarding (i.e. not using a ski Academy instructor) must be qualified as follows:

Skiing: The minimum qualification to lead skiing on snow is:

The Alpine Ski Course Leader Award (ASCL) [www.snowsportengland.org.uk](http://www.snowsportengland.org.uk);

or

The Alpine Ski Leader Award (ASL) [www.snowsportsotland.org](http://www.snowsportsotland.org);

or

A statement of competence by an appropriate 'technical adviser'

Snowboarding: The minimum qualification to lead snowboarding on snow is:

The Snowboard Leader Award (SBL) administered by [www.snowsportsotland.org](http://www.snowsportsotland.org) or statement of competence by an appropriate 'technical adviser'.

Pupils may only take part in off-piste activities if under the direction of a suitably qualified local instructor, AND they will remain within the designated controlled areas, AND off-piste activities are specifically included within the visit insurance policy.

### 5.3 Overseas Expeditions

Overseas Expeditions are defined as those which typically involve journeying in remote areas of the world and/or in developing countries.

Overseas Expeditions will only be approved if the provider either:

- a) Holds an LOtC Quality Badge or
- b) Provides a statement of compliance with Guidance for Overseas Expeditions, Edition 3.

For providers that do not hold an LOtC Quality Badge, 'Guidance for Overseas Expeditions, Edition 3' should be referred to when the proposal is initiated. This document contains information for both establishments and providers, and includes a checklist of vital aspects that must be considered prior to the establishment making a commitment with an external provider. Overseas expedition providers are required to comply with the minimum standards specified in this document.

## APPENDICIES

### PROVIDER FORM

Providers that do not hold an LOtC Quality Badge are required to complete and return this form in advance of the Academy making a commitment.

Staff member in charge.....

Date(s) of visit.....

Name of provider.....

The provider or tour operator providing services to the Academy is asked to give careful consideration to the statements below and sign in the space at the end of the form to indicate that the standard of service will meet the conditions listed. Please tick all specifications you can meet, indicate by a cross any you cannot meet, and write N/A against any specifications which do not apply to your provision.

Section A should be completed for all visits. Sections B (adventure activities); C (tour operators) and D (expeditions) should also be completed if applicable.

## SECTION A - ALL VISITS

### Health, Safety, and Emergency Policy

1. The provider complies with relevant health and safety regulations, including the Health and Safety at Work Act 1974 and associated regulations for visits taking place in the UK, and has a health and safety policy and recorded risk assessments which are available for inspection.
2. Accident and emergency procedures are maintained and records are available for inspection.

### Vehicles

3. All vehicles are roadworthy and meet the requirements of relevant regulations in the country in which they are being used.

### Staffing

4. All reasonable steps are taken to check staff that have access to young people for relevant criminal history and suitability to work with young people.
5. There are adequate and regular opportunities for liaison between Academy staff and the provider's staff and there is sufficient flexibility to make changes to the programme if necessary and the reasons for such changes will be made known to Academy staff.
6. The provider has never been dismissed from any employment or had a contract ended

### Insurance

7. The provider has public liability insurance for at least £5 million with a clause giving 'indemnity to principal'.

### Accommodation (if provided)

8. UK accommodation is covered by a current Fire Risk Assessment available for inspection.
9. If abroad, the accommodation complies with fire, health and safety regulations which apply in the country concerned.
10. There are appropriate security arrangements to prevent unauthorised persons entering the accommodation.
11. Separate male and female accommodation and washing facilities are provided and staff accommodation is close to participants' accommodation.

## SECTION B - ADVENTURE ACTIVITIES AND OUTDOOR FIELD STUDIES

12. Adventure Activities Licensing Authority (AALA) Licence covering dates of visit

YES  OUT OF SCOPE

13. If YES, AALA License number R

.....  
For AALA licensable activities in the UK, the specifications in this section are checked as part of the AALA inspection. However, providers licensed with AALA are asked to consider these specifications with respect to any activities or aspects of provision not covered by the licence.

**Activity management**

- 14. The provider operates a policy for staff recruitment, training and assessment which ensures that all staff with a responsibility for participants are competent to undertake their duties.
- 15. The provider maintains a written code of practice for activities which is consistent with relevant National Governing Body guidelines and/or, if abroad, the relevant regulations of the country concerned.
- 16. Staff competencies are confirmed by appropriate National Governing Body qualifications for the activities to be undertaken, or staff have had their competencies confirmed in writing by an appropriately experienced and qualified technical adviser.
- 17. Where there is no National Governing Body for an activity, the provider has a Code of Conduct for that activity which is in line with current good practice within the UK, and this includes appropriate instructor competencies.
- 18. Participants will at all times have access to a person with an appropriate First Aid qualification. Staff are practiced and competent in accident and emergency procedures.
- 19. There is a clear definition of responsibilities between providers and visiting staff regarding supervision and welfare of participants.
- 20. All equipment used in activities is suited to task, adequately maintained in accordance with statutory requirements and current good practice, with records kept of maintenance checks where necessary.

**SECTION C - TOUR OPERATORS**

Where a tour operator delivers services to Academy using other providers e.g. ski establishments, transport operators or accommodation, the tour operator must ensure that each provider meets the relevant specifications outlined in Sections A and B of this form and that these providers operate to standards which meet the relevant regulations which apply to the country of operation.

- 22. Sections A and B of this form, as appropriate, have been completed to show that checks have been made. Records are available for inspection.
- 23. The Tour Operator complies with the package travel regulations, including bonding to safeguard customers' monies.
- 24. ATOL, ABTA or other bonding body name and numbers.....

**SECTION D - OVERSEAS EXPEDITIONS**

25. The provider complies with 'Guidance for Overseas Expeditions, Edition 3' (GOE3). If any of the above specifications cannot be met or are not applicable, please give details:
--

Details of any other accreditation, e.g. with National Governing Bodies, tourist boards, etc.

**DECLARATION**

**I hereby certify that I am an authorised signatory to enter into this Agreement and to bind the said company, firm, person or corporation to the terms and conditions herein.**

Signed.....

Date.....

Name (print).....

Position in organisation.....

Full name and address of company, firm, person or corporation.....

.....

.....

Tel..... Fax.....

E.mail.....

AP1

**Parental Consent Form  
For Academy Trips And Offsite Activities**

**Single Consent  
form**

Dear Parent

Please sign and date the form below if you are happy for your child:

- a) To take part in Academy trips and other activities that take place off Academy premises;  
and
- b) To be given first aid or urgent medical treatment during any Academy trip or activity.

**Please note the following important information before signing this form:**

This form will cover your child’s participation in any of the types of activities where consent is required, throughout their time at the Academy. The trips and activities covered include;

- all visits which take place during the holidays or a weekend;
- adventure activities at any time;
- offsite sporting fixtures outside the Academy day.

The Academy will send you information about each trip or activity before it takes place. You can, if you wish, tell the Academy that you do not want your child to take part in any particular Academy trip or activity.

Written parental consent will not be requested from you for the majority of offsite activities offered by the Academy – for example, group visits to local amenities – as such activities are part of the Academy’s curriculum and usually take place during the normal Academy day. However, for all residential trips a separate consent form will be required. This consent form applies only to optional non-national curriculum activities. Parents are unable to withdraw their children from curriculum activities, e.g. swimming.

Please note you are expected to provide the Academy with relevant up to date information regarding any special medical and dietary needs of your child. Please also ensure that you provide up to date contact information for use in emergencies.

**PARENTAL CONSENT:**

- i. I agree to my son/daughter taking part in trips and offsite activities.
- ii. I understand that the staff responsible for the activities will take all reasonable care of participants.
- iii. I consent to any emergency treatment necessary. I therefore authorise the visit leader(s) to sign, on my behalf, any written form of consent required by the hospital authorities should medical treatment (a surgical operation or injection) be deemed necessary.

Signed.....Date.....

Name of child .....

Date of Birth.....

A copy of this form may be returned to the parent by the Academy, once received and signed, if requested.

**AP2 Offsite Visits Personal & Medical Information and Parental Consent Form  
CONFIDENTIAL**

**VISIT DETAILS**

**Description of**

**Activity**.....

**Departure and Return**

**Dates**.....**to**.....

**Venue**.....

.....

**INFORMATION FOR PARENTS/GUARDIANS/CARERS**

Please complete the questions below and sign the consent. The personal and medical information requested is vital to ensure that appropriate care and support is available for each child. Please consult your family doctor if you are unsure about the suitability of a visit. Medical conditions will not necessarily exclude any child from participating in activities, but leaders should be made aware of anything that might affect the safety/welfare of this child or others in the group.

**PERSONAL DETAILS**

**Name**                    **of**                    **Child**.....**Date**                    **of**

**Birth**.....

**Address**.....

.....

.....**Postcode**.....

.....

**Parent(s)/Guardian(s)**

**Name**.....

**Address**                    **(if**                    **different**                    **from**

**above)**.....

.....**Postcode**.....

.....

**Telephone**

**Numbers:**

**Day**.....

**Evening**.....

**Mobile**.....



**Additional**

**Emergency**

**Contact:**

**Name**.....

**Relationship**.....

**Telephone**

**Number(s)**.....

.....

**DIETARY INFORMATION**

If this child has any specific dietary needs (e.g. vegetarian), please give details here:

**MEDICAL or SPECIAL NEEDS**

**Please provide all relevant information which will enable the Visit Leader to safely care for this child:**

Does this child have any significant allergies (including to medication)?	<b>Yes</b>	<b>No</b>
Does this child have any medical conditions, impairments, or disabilities?	<b>Yes</b>	<b>No</b>
Has this child had any recent significant illnesses or injuries?	<b>Yes</b>	<b>No</b>
If a residential visit, does this child have any night-time tendencies (e.g. sleepwalking, nightmares, and bed-wetting) which might cause him/her concern?	<b>Yes</b>	<b>No</b>

**If the answer is "yes" to any of the above questions, please give full details below (use an additional sheet if necessary):**

**PERSONAL MEDICATION**

It is important that this child is accompanied by any medication necessary, and that leaders are fully informed. Please make sure that there is sufficient medication, and that it is clearly labelled.

<b>Name of medication</b>	<b>Dosage</b>	<b>Time and Frequency or circumstances to be given</b>	<b>Method of Administration</b>

Please state any special precautions, or side effects of medication (if applicable):

**I give my consent\*** for a member of staff to administer the above medication which I will deliver to the Visit Leader before the visit, together with clear labels and instructions. I

understand that the staff leading the visit are not qualified medical practitioners, but that they will take reasonable care in the administration of the medication.  
**I give my consent\*** for this child to self-administer the above medication.

(\*delete as applicable)

To the best of your knowledge, has this child been in contact with any contagious or infectious diseases or suffered from anything in the last four weeks that may be, or become, contagious or infectious?	<b>Yes</b>	<b>No</b>
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If yes, please give brief details:

**Please inform the Academy should this child be in contact with any infectious illness in the four weeks prior to the visit departure date.**

**MINOR MEDICAL TREATMENT**

Young people sometimes need minor medical treatment for conditions such as headaches, rashes, coughs & colds, insect bites, etc. If necessary, with your permission, staff will treat these ailments with the following “off the shelf” products which are commonly available from most chemists:  
 Paracetamol, throat lozenges, cough mixture, antiseptic cream, calamine lotion, antiseptic wipes, hypoallergenic adhesive plasters, witch hazel, insect bite antihistamine, suncream.

Are you willing to allow for this child to be given such products, if required?	<b>Yes</b>	<b>No</b>
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**EMERGENCY MEDICAL TREATMENT DURING VISITS**

**I consent** to any emergency treatment necessary. I therefore authorise the Visit Leader(s) to sign, on my behalf, any written form of consent required by the hospital authorities should medical treatment (a surgical operation or injection) be deemed necessary and if it has not been possible to contact me beforehand.

**PARENT/CARER/GUARDIAN DECLARATIONS and CONSENT**

- **I am legally responsible for the care of the child mentioned above.**
- **I have listed all relevant medical or other conditions** concerning this child that might affect the duty of care expected during an educational visit.
- **I undertake** to inform the Visit Leader/Headteacher (in writing) of any changes in the medical or other circumstances of this child before the date of departure.

Signature.....Date.....  
 Name.....

A copy of this form may be returned to parent/guardian by the Academy, once received and signed, if requested.

The following provides information to be used by the group leader in the event of an emergency.

Educational Visit:	
Date of Visit:	
Group Leader:	

Emergency plan for:	
Loss of transport provider:	
Loss of residential provider:	
Serious accident/illness during visit:	
Senior management contact details:	